

2024 Formulary



Whilst patients are encouraged to self-medicate, many dispensing patients do not have easy access to over-the-counter medications and thus rely on prescriptions from their doctors. In addition, some of the patients who have self-medicated may be looking for more effective medication, which is often only available as a POM (Prescription Only Medication).

Ocular Anti-histamines

There are a number of ocular preparations available, but you may notice that the price of generic Sodium Cromoglycate fluctuates. The generic can only be prescribed in a pack size of 13.5ml. All Sodium Cromoglycate 10ml pack size prescriptions MUST be prescribed by brand, or the script will be returned. Note that Olopatadine is now available as a generic, but first check out the acquisition costs.

Prescribe	Manufacturer		Pack Size	Basic Price
Sodium Cromoglycate 13.5ml Pack Size				
Sodium Cromoglycate generic	Generic	Sodium Cromoglycate	13.5ml	£4.71
Opticrom	Sanofi	Sodium Cromoglycate	13.5ml	£8.03
Sodium Cromoglycate 10ml Pack Size				
Aspire Allergy Relief	Aspire	Sodium Cromoglycate	10ml	£3.35
Murine	Prestige	Sodium Cromoglycate	10ml	£2.91
Numark	Numark	Sodium Cromoglycate	10ml	£2.42
Opticrom	Sanofi	Sodium Cromoglycate	10ml	£3.50
Optrex	Reckitt Benckiser	Sodium Cromoglycate	10ml	£3.88
Olopatadine generic	Novartis	Olopatadine	5ml	£3.26
Opatanol	Novartis	Olopatadine	5ml	£4.68
Relestat	Abbvie	Epinastine	5ml	£9.90
Optilast	Viartis	Azelastine	8ml	£6.40
Zaditen	Thea	Ketotifen	5ml	£7.80
Alomide	Novartis	Lodoxamide	10ml	£5.21
Otrivin-Antistin	Thea	Xylometazoline + antazoline	10ml	£3.35
Voltarol eye drops	Thea	Diclofenac	5ml	£6.68

The **Brand Comparisons** on the Dispex website show the difference in profitability for all the above products, please click [here](#) to view.

Nasal Steroids

For some products it is best to prescribe generically and for others it may be best to look for Parallel Imports to offset any losses. Note that if Fluticasone is prescribed in a pack size of 120 doses, then you MUST dispense Avamys. The list below gives an overview of prices. Members can check the impact of the discounts on the Brand Comparisons page on the Dispex website, please click [here](#) to view.

Prescribe	Manufacturer	Doses	Basic Price
Steroid nasal sprays			
Beclometasone			
Beclometasone		200	£2.73
Beconase	GSK	200	£2.63
Nasobec	TEVA	200	£1.99
Fluticasone			
Avamys	GSK	120	£6.44
Flixonase	GSK	150	£11.01
Nasofan	TEVA	150	£8.04
Fluticasone		150	£11.01
Mometasone			
Mometasone		140	£2.76
Nasonex	MSD	140	£7.68
Triamcinolone			
Nasacort	Sanofi	120	£7.39
Combinations			
Dymista	Viartis	120	£14.80
Ryaltris	Glenmark	240	£13.32

Systemic Antihistamines

Most prescriptions for non-sedating antihistamines will be for generic cetirizine, loratadine or fexofenadine. Some generic antihistamines will make a loss after clawback. Second or third line use of Ilaxten from A.Menarini may be a good option when other products do not work.

The list below gives an overview of prices. Check your generic prices as profit can still be made. See the Brand Comparisons on the Dispex website for profitability information, please [click](#) here to view.

Prescribe	Manufacturer	Legal category	Doses	Basic Price
Antihistamines				
Non-sedating				
Cetirizine 10mg tabs	Generic	GSL, P, POM*	30	£0.82
Levocetirizine 5mg tabs	Generic	POM	30	£4.37
Loratadine 10mg tabs	Generic	GSL, P, POM*	30	£0.86
Desloratidine 5mg tabs	Generic	POM	30	£3.52
Fexofenadine 120mg tabs	Generic	POM	30	£1.49
Fexofenadine 180mg tabs	Generic	POM	30	£2.07
Ilaxten 20mg tabs (Bilastine)	A.Menarini	POM	30	£6.00

*Depends on pack size

Information supplied by Hexagon6 Ltd