

Gazette

YOUR MONTHLY DISPENSARY GAZETTE

News and Updates on Dispensing Doctor Issues



Free Online SOPs
For Members

AUTUMN & WINTER TUTORIALS- PAGE 6

With one heatwave behind us and more predicted, it finally feels like Summer has arrived. Most of us welcome the warmer weather, and have already unpacked the garden cushions and pumped up the paddling pool or hot tub. But there will be many, including a vast number of your patients struggling in the heat. Furthermore, this year you could possibly see an increase in dehydrated and heat exhausted patients due to the cost of living crisis.

We should all remind ourselves that we're all susceptible to the heat and ensure we pass the message on to those that are more vulnerable. Dispex members can [login](#) to the website to download and print a 'heatwave' awareness poster for display in the dispensary. A copy is also available in the Gazette for non-members to print and laminate.

While on our website, please visit our **NEW Dispex SOP's page**, an introduction to this new service can be found on pages 3-4.

Please also note, we have recently added another new category "Drug Tariff Updates - Category M" to the website, further details can be found on page 1.

At Dispex we really do offer a one-stop-shop for dispensing practices, from our profitability tools and support to our dispensary supplies and educational opportunities. We can even help you find the right business related apprenticeships via our partner Paragon Skills! To double check your membership status, please email your practice address to enquiries@dispex.net or if you are new to Dispex you can simply join by visiting our [website](#).

Best Wishes,
Claudy Rodhouse
Dispex Design and Marketing Contributor

The Dispensary Gazette

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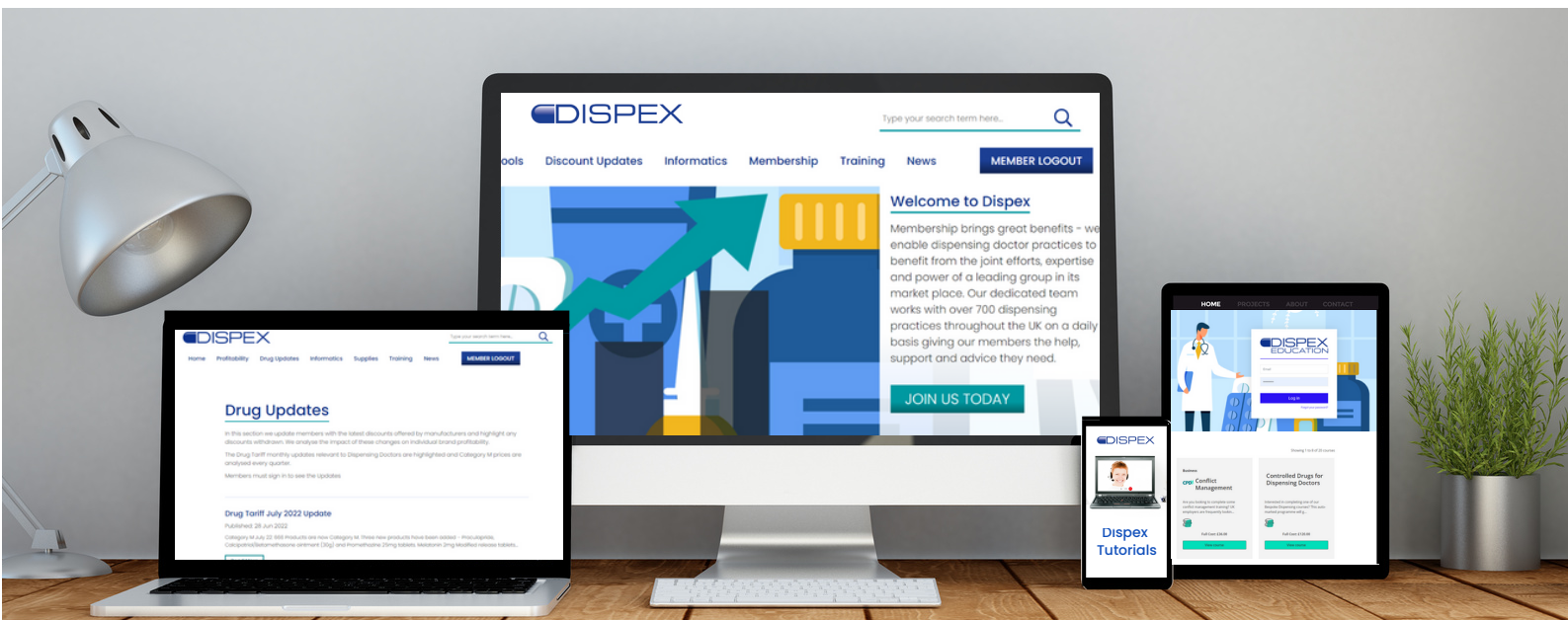
Claudy Rodhouse

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Must See Drug Updates

Drug Tariff July 2022 Update-Category M: 666 Products are now Category M.

Three new products have been added – Proculapride, Calcipotriol/Betamethasone ointment (30g) and Promethazine 25mg tablets. Melatonin 2mg Modified release tablets have been removed from Category M.

Prices reduced:

363 products have had their price reduced, of which 195 products have had their prices reduced by 10 pence or more. The biggest price reduction is Sodium Valproate 500mg gastro-resistant tablets x 30 which have been reduced by £12.50 per pack. Other big price drop products (of 50 pence or more) which are commonly prescribed in primary care include:

- Domperidone 10mg tabs x 30 - Reduced from £2.43 to £0.67
- Enalapril 5mg tabs x 28 – Reduced from £6.39 to £2.64
- Enalapril 10mg tabs x 29 - Reduced from £4.68 to £2.38
- Enalapril 20mg tabs x 29 - Reduced from £3.70 to £3.03
- Eplerenone 50mg tabs x 28 - Reduced from £7.37 to £5.98
- Eplerenone 25mg tabs x 28 - Reduced from £5.68 to £4.95
- Ivabradine 5mg tabs x 56 - Reduced from £7.34 to £5.74
- Mometasone cream – Reduced from £7.00 to £2.07
- Naratriptan 2.5mg tabs x 6 - Reduced from £3.18 to £1.66
- Nicorandil 10mg tabs x 60 - Reduced from £3.53 to £2.91
- Nicorandil 20mg tabs x 60 - Reduced from £4.46 to £3.81

Prices increased:

290 products have had their prices increased, of which 210 have had their price increased by more than 10 pence. The biggest price increase is for Ibandronic acid 50mg tabs x 28 which has increased by £41.35 per pack.

Other notable products, which are commonly prescribed in primary care, whose prices have increased significantly (of 50 pence or more) include:

- Calcipotriol/Betamethasone oint x 60g – Increased from £7.01 to £25.61
- Aqueous cream x 500g - Increased from £0.69 to £6.90
- Mometasone cream x 100g - Increased from £2.10 to £6.90
- Tramadol 50mg caps - Increased from £0.84 to £2.57
- Naratriptan 2.5mg tabs x 12 - Increased from £1.59 to £3.32
- Ibuprofen 5% gel x 100g - Increased from £1.25 to £2.48
- Trimethoprim 200mg tabs x 14 - Increased from £0.79 to £1.76

To see the full list of category M products, together with the price reductions and increases, members click [here](#).

Discount Updates

Although many companies are withdrawing or reducing their discounts, some are still supporting dispensing doctors. From 1 July, Aga Matrix has increased its discount on Wavesense Jazz Blood Glucose Testing Strips. These strips are well priced below £10 and profitability is very good. We will be adding Glucose Test Strips to our Brand Comparisons in August.

Thornton & Ross who supply Fixkoh Airmaster Dry Powder Fluticasone/Salmeterol inhalers are now offering discounts on the three strengths. The discounts vary according to strength used. Their costs are comparable to most of the other “Branded Generics”, and the Fixkoh 250/50 Airmaster inhaler competes well for profitability. Check out the profitability on all Combination LABA and ICS inhalers in our [Brand Comparisons](#) section.

ONLINE COURSES

Engaging & relevant online
Dispensary courses for Apprentice,
New Dispenser, Experienced
Dispenser, Dispensary Manager,
Practice Manager & Dispensing
Doctors!

**LEARN AT YOUR
OWN PACE**

- Prescription Clerks Training
- Controlled Drugs
- PA's & VAT for Dispensing Practices
- New Dispensers and Apprentices

ENROL NOW

DISPEX SOP Templates are Now Available

Dispex are pleased to announce that we now have our SOPs Templates accessible to all Dispex members. SOPs are a vital part of the DSQS requirements and an important element to ensure safe and quality practice and procedures are followed by all members of staff.

Our Templates will provide a guide, according to the DSQS requirements minimum, for you to amend as relevant to your own Dispensary. You will be able to customise and adapt the procedures content to your own circumstances and adjust each one, to reflect the way your own Dispensary operates, within the recommended guidelines. The following SOPs Templates are available (highlighted in blue) or in development.

DPX No*	Name of SOP	Current Availability
The Dispensary		
D1	Dispensary Cleaning	Available on website
D2	Room Temperature Monitoring	Available on website
D3	Refrigerator Monitoring - temperature, cleaning & failure	Available on website
D4	Cold Chain	Available on website
D5	Dispensary Confidentiality	Available on website
Quality Control		
QC1	Ordering & Storage of Medication	Under development
QC2	Stock Control, Cleaning Shelves & Expiry Date	Under development
QC3	Disposal of Medication	Under development
QC4	Near Miss & Significant Event Reporting	Available on website
QC5	Risk Management Policy	Under development
QC6	Receiving Patient Returns Medicine	Under development
QC7	Staff Competency, Education and Training	Available on website
QC8	Disruptions to Normal Working Conditions	Available on website
QC9	Uncollected Dispensed Medicines	Under development
QC10	Preparation & Submission of FP34D Monthly Return	Available on website
QC11	Home Delivery Service - Normal Operations	Available on website
QC12	Dispensary Audit	Under development

Continues on the next page

DPX No*	Name of SOP	Current Availability
QC13	DRUMS Medication Review	Under development
QC14	DSQS	Under development
QC15	Preparing and Reviewing SOPs	Under development
The Prescription		
P1	Prescription/Controlled Stationery - Ordering, Receipt & Security	Under development
P2	Assessment & Issuing a Prescription Request	Under development
P3	Assembling a Repeat Prescription	Under development
P4	Assembling an Acute Prescription	Under development
P5	Checking of a Prescription	Under development
P6	Labelling	Under development
P7	Accuracy Checking & Bagging	Under development
P8	Owings	Under development
P9	Storage of Dispensed Medicines	Under development
P10	Handing Out a Prescription	Under development
P11	Monitored Dosage Systems	Available on website
P12	The Prescription Reverse	Available on website
P13	Private Prescriptions	Available on website
High Risk Medicines		
HR1	Lithium	Under development
HR2	Amiodarone	Under development
HR3	Warfarin	Under development
HR4	Azathioprine	Under development
HR5	Leflunomide	Under development
HR6	Methotrexate	Under development
CONTROLLED DRUGS*		
CD1	CD Prescribing	Available on website
CD2	CD Ordering and Receipt	Available on website
CD3	CD Storage	Under development
CD4	CD Dispensing a Schedule 2 or 3 CD	Under development
CD5	CD Dispensing CD Instalment Prescription	Under development
CD6	CD Handing Out	Under development
CD7	CD Record Keeping	Under development
CD8	CD Disposal of CD's	Under development

Development SOPs will be released regularly, to add to your library, so please ensure you visit the website and check you have all that you need to fulfil your DSQS obligations as well as to provide all staff with the knowledge and confidence to complete their duties in a consistent, reliable manner. You can find the SOPs library [here](#).



LUNCHTIME TUTORIALS

Live with a Dispex Tutor

Members: £45+vat pp/ps

Non-members: £60+vat pp/ps

[CLICK HERE](#)



Tutorial of the Month

Dispensary Customer Service

What attendees will learn:

This 1hr Tutorial presents ideas & processes to ensure effective team-working, communication skills with how to manage conflict & deal with difficult patient scenarios.

There is also important guidance on confidentiality, data protection including the Caldicott principles, and managing complaints appropriately.

Who should attend:

This session would benefit new Dispensers, Admin & Reception staff or any of the front of house team who may need or wish to refresh their knowledge on this subject.

Upcoming Dates: 14th July & 9th November

Time: 1pm-2pm

Delegate Price:

Members: £45+vat pp/ps **Non-members:** £60+vat pp/ps



2022 Schedule

July

- 5th July - DispexCD Webinar (w) 1-2pm
- 6th July - DSQS Guidance
- 7th July - DRUMS
- 13th July - Controlled Drugs Part 1
- 14th July - Dispensary Customer Service
- 19th July - NHSBSA Batch & Switching (w) 1pm
- 20th July - Understanding Profitability Part 1
- 21st July - Business Management of a Dispensary P3
- 27th July - Practical Dispensary Management P1

August

- 3rd Aug - SOPs
- 4th Aug - TBC
- 31st Aug - Controlled Drugs Part 2

September

- 7th Sep - Understanding Profitability P2
- 14th Sep - Drug Tariff & Endorsing
- 15th Sep - DRUMS
- 21st Sep - Practical Dispensary Management P2
- 22nd Sep - DSQS Guidance
- 28th Sep - Controlled Drugs P1

October

- 5th Oct - Medical Terminology
- 6th Oct - Business Management of a Dispensary P3
- 12th Oct - Understanding Profitability P3
- 19th Oct - Controlled Drugs P2
- 20th Oct - SOPs
- 26th Oct - Practical Dispensary Management P3

November

- 2nd Nov - Drug Tariff & Endorsing
- 3rd Nov - Business Management of a Dispensary P1
- 9th Nov - Dispensary Customer Service
- 16th Nov - Understanding Profitability P1
- 17th Nov - DRUMS
- 23rd Nov - Practical Dispensary Management P1
- 30th Nov - Controlled Drugs P1

December

- 1st Dec - Business Management of a Dispensary P2
- 7th Dec - Controlled Drugs P2
- 14th Dec - Practical Dispensary Management P2

FREE next day delivery

Dosette Boxes

7 Day Disposable Compliance Aids

The dosette system has been designed for patients in the community who need help ensuring they take their medicines regularly in order to achieve the best health outcome!

Ensure you have ordered your Dosette boxes before the bank holiday

ORDER- 01604 859000

EMAIL: ENQUIRIES@DISPEX.NET

**STANDARD- CL01
EXTRA LARGE- XL01
CLEAR LITE- CLO8
CLEAR COLOURED- CL01CS
DUO**

Contact the Dispex Team for a price list

Another Blow for Dispensing Doctors

Each month, it seems, another company withdraws or reduces its Dispensing doctor MDS discounts. Some time ago, Takeda sold off its Calcichew products to Neon and the generous dispensing doctor discount went with it. Now Kyowa Kirin have withdrawn their generous discounts on Adcal.

Dispex has had a look at the alternatives to Calcichew and Adcal, which are now both loss making.

As you can see, there are alternatives for both the once daily and twice daily doses. Members can access the profitability data using the Dispex Website Brand Comparisons.

The decision as to which Calcium and Vitamin D combination to prescribe needs to take into account the patient primarily, and then you should look at the impact on the NHS, but not to the detriment of the practice income. A number of the below products will provide you with a small profit.

	Calcium equivalent in grams	Vit D equivalent in i.u.	Pack size	Basic Price	
Twice Daily dose					
ACCREDITED3 FILM COATED TAB	1500	400	60	2.95	T&R
ADCAL D3 CHEWABLE TAB LEMON	1500	400	56	3.65	Kyowa Kirin
CALCICHEW D3 FORTE CHEWABLE TAB	1250	400	60	4.24	Neon
EVACAL 1500MG/400IU CHEWABLE TAB	1500	400	56	2.54	Teva
NATECAL D3 TAB 600MG/400UI CHEWABLE TAB	1500	400	60	3.63	<u>Chiesi</u>
SUNVIT D3 400 units with 1.5g Calcium	1500	400	56	2.82	<u>Sunvit D3</u>
High dose - once daily					
ACCRETE D3 1000MG/880IU CHEW	1000	880	30	2.95	T+R
CALCICHEW D3 ONCE DAILY	1000	800	30	6.75	Takeda
CALCI-D 1000MG/1000IU CHEW TAB	1000	1000	28	2.25	Consilient
CALFOVIT D3 SACH 1200MG	1200	800	30	4.32	Menarini
KALCIPOS-D CHEWABLE TABLETS	1250	800	30	4.21	<u>Meda</u>
THEICAL-D3 1000MG/880 IU	1000	880	30	2.95	Stirling



Monthly Lists of Generics Costing More Than Tariff

dispex.net/informatics



DDA Conference 2022

Wednesday 28 and Thursday 29 September 2022

Macdonald Burlington Hotel, Birmingham

Exhibitors Attending the DDA Conference

Platinum Exhibitors



Diamond Exhibitors

AstraZeneca	Medpoint
BD Rowa	Pharma Storage Solutions
Chiesi	PSUK
Lupin	Teva



GOLD EXHIBITORS

Accord	Dispensing Doctor Solutions	Omnicell
Alliance Pharma	Dispex	Ridge
Aspire	Medicom Healthcare	Takeda
BestWay	Myoroface	Willach
Dispensing Doctor Experts	NHSBSA	Zentiva

The DDA would like to thank all the exhibitors for their support and look forward to meeting all delegates and

Exhibitors

Delegate Booking is Open

Click [Here](#) for the Booking website



What does a Prescription Clerk do in a typical day?

Most days start early at 8am, checking the external and internal post boxes for any written prescription requests on the way into the building. This postbox is checked again at lunchtime and also toward the end of the day.

It has to be checked this often as there is a 48 hour turnaround time for our patients. I always check to see which GPs and Prescribers are in for that day, so I know who to direct requests to throughout the day, then I find it important to check in with the wider admin team and see how everyone is and check any urgent priorities for the day ahead.

Once the system is up and ready to go, the first tasks are checking any urgent prescription requests from the previous day and ensuring these are actioned as priority. Then begins the task of issuing prescription requests, these can come from the postbox at the Practice, via email or electronic requests from GPs, Prescribers, Pharmacies, appliance contractors or community teams. These often amount to hundreds of requests each day! Some requests are simple and straightforward medication requests authorised on the patients repeat list, but often we have requests for seasonal medicines, new medicines yet to be authorised for a repeat list or medicines in the past medicines. This can slow down the process, as all of these have to be a "request issue" to a GP.

Understanding the complexity of different patient's needs, high risk medicines and maintaining patient safety, is a huge part of the role of being a prescription clerk!

The other big task throughout the day is dealing with Care home or nursing home requests, which can be anything from the full monthly medication requests for all residents to interim medication requests.

Taking regular breaks throughout the day and stepping away from the screen are so important, so I ensure this happens every couple of hours.

The phonelines are open all day for prescription queries, but we do not take requests over the phone so, often need to guide patients on how they can order their medicines. We have also had an increase in the number of requests for alternative medications from Pharmacies, due to stock issues.


Many external medication requests, queries or changes come to us via our Docman System and this has to be regularly checked throughout the day and as we need to be aware of assessing priority requests and getting these actioned by the GP, as soon as possible. It is a fast paced and varied role and alongside lots of cups of tea (and the occasional biscuit) the day whizzes by!

If you have a busy prescription team or have recently taken on new members of staff, we highly recommend the online [Prescription Clerks course](#). This course is designed to encourage more effective communication, through the learner gaining more enhanced knowledge on prescriptions and therefore, the legal and patient safety responsibilities surrounding processing prescriptions. Click [here](#) for further details.

ADD NEW REGISTER


Please click [here](#) to view a demo site and to register!!

Zomorph 200mg modified-release capsules
60 Capsules




Open Register →

Matrifen 12micrograms/hour transdermal patches
20 Patches




Open Register →

Zomorph 10mg modified-release capsules
10 Capsules



Open Register →

Morphgesic SR 10mg tablets
240 Tablets




Open Register →

Zomorph 30mg modified-release capsules
180 Capsules




Open Register →

Methadone 1mg/ml oral solution sugar free
502 ml




Open Register →


MST Continus 100mg tablets
160 Tablets



Breakyl 800microgram buccal films
9 Sachets



Abstral 200microgram sublingual tablets
50 Tablets



DispexCD

The online CD register

ONE free account on renewal*

Saving £18+vat per month

Why switch from paper to electronic CD registers?

SAVE TIME - bring more efficiency to your dispensing process. It means you can potentially save hours per month on the simple to use & time optimised system.

SAVE MONEY-Dispensaries can save an average of £30 per month by using DispexCD instead of paper CD registers.

REDUCE ERRORS- By eliminating calculation errors and misread hand-writing, dispensaries using DispexCD have fewer CD discrepancies and errors.

SAFE & SECURE- Multiple layers of security and encryption plus daily back ups to protect your patient data.

FULLY COMPLIANT-Unlike some online CD registers, DispexCD is fully legally compliant and supports NICE best practice for the management of controlled drugs. Ace your next inspection with DispexCD in your Dispensary.

BEST PRICE - No cheaper price for a CD register

EXTRAS - includes Returns registers " It's best practice to record returns"

Nothing to install, easy to setup

DispexCD runs on your computer's existing internet browser, allowing you to save space and eliminate the need for paper CD registers and CD returns registers. Simply register online and get started in minutes, using the computers already in your dispensary, or a tablet or smartphone. **PLEASE NOTE: You must register with the dispensary@nhs.net address!!**

MEMBERS

- One free account per member, following your 2022 renewal date thereafter*
- no setup costs
- no extra support costs
- Includes **Returns** registers
- branch site(s) annual fee £216+vat

NON - MEMBERS

- 3 months free trial, followed by an annual fee of £216+vat
- no setup costs
- no extra support costs
- Includes Returns registers

Informatics Members' Pages

Dispex provides easily accessible information on a range of subjects including Dispensing Fee Scales, Discount Abatement Scales, Patent Expiry plus Information on Understanding Brands, Branded Generics and Parallel Imports, as well as How to compare Generic prices. We have added an easy to follow guide on the New PCSE Online Drug Statements

Quick links & Downloadable Posters

We have put together a list of useful quick links, which include such sites as:

- Electronic Drug Tariff
- NHSBSA DM+D Beta
- Openprescribing DM+D
- Drug Tariff Updates – Concession Prices Specialist
- Pharmacy Service (SPS) including Drug shortages (Registration required)
- Misuse of Drugs (Safe Custody) Regulations 1973
- Private Controlled Drugs
- ePACT2, GP Contracts, QoF, DES
- and PCNs etc and much more!

FREE Posters

Free downloadable awareness posters for the display in the dispensary. Dispex members can login [here](#) to print the following:

- 2022 Dispex Patient Prescription Poster
- Medication not suitable for use in 'Disposable Dosette Boxes
- Private Travel Prescriptions
- Zero Abuse Policy
- Pride Month
- Heatwave

Hayfever Formulary

Whilst patients are encouraged to self-medicate, many dispensing patients do not have easy access to over-the-counter medications and thus rely on prescriptions from their doctors. In addition, some of the patients who have self-medicated may be looking for more effective medication, which is often only available as a POM (Prescription Only Medication).

There are a number of ocular preparations available, but you may notice that the price of generic Sodium Cromoglycate is now higher than many brands. Dispex members can login [here](#) for guidance and price comparisons

Poster examples:



MEDICINE WASTE

We need your help!

- Check what medicines you already have at home before ordering more
- Don't tick the repeats box if you **don't** need it- the items will stay on your repeats for the next time
- If unsure on what medication you still need to take, request a medicines review

DISPEX
www.dispex.net

SUPPORTING GENERAL MEDICAL PRACTICE



Pride Month
**CELEBRATING
DIVERSITY**

DISPEX
www.dispex.net

SUPPORTING GENERAL MEDICAL PRACTICE

HEATWAVE AWARENESS



Watch out for signs of heat related illness

If you or someone else feels unwell with a high temperature during hot weather, it may be heat exhaustion or heatstroke.

www.nhs.uk/conditions/heat-exhaustion-heatstroke or call 111

Tips for coping in hot weather

- look out for those who may struggle to keep themselves cool and hydrated-older people, children & those with underlying health conditions
- drink plenty of fluids and avoid excess alcohol
- try to keep out of the sun between 11am to 3pm
- try to stay in the shade, apply sunscreen regularly and wear a wide brimmed hat
- avoid exercising in the hottest parts of the day
- make sure you take water with you, if you are travelling
- stay cool indoors- close curtains in rooms that face the sun to keep indoor spaces cooler
- never leave anyone in a closed, parked vehicle, especially infants, young children or animals
- if you are going into open water to cool down, take care and follow local safety advice

REMUNERATION TRUSTS – HMRC SETTLEMENT OPPORTUNITY

HMRC's work targeting taxpayers who have used marketed tax arrangements is continuing and it has recently released an 'opportunity' for users of certain historic trust arrangements to agree and settle their liabilities with the tax authority. The arrangements were used to reward directors, shareholders and/or self-employed individuals and were commonly known as "Remuneration Trusts" or "Creditor Protection Trusts".

HMRC has written to many users of these arrangements and any GPs who have received such a letter need to act quickly - applications to enter the opportunity need to be submitted (along with full supporting calculations) by 31 July 2022.

BACKGROUND

This Settlement Opportunity is HMRC's latest move to tackle disguised remuneration arrangements, which, broadly, are arrangements used to reward directors, shareholders and/or self-employed individuals instead of normal income to avoid Income Tax and National Insurance Contributions (NICs).

HMRC maintains its view that anti-avoidance rules apply to such arrangements, making them invalid, and that Income Tax and NICs fall due. Although, HMRC acknowledges that there are circumstances, based on recent case law, where different tax treatments could apply, for example dividends or company loans.

THE TERMS

As different variations of the arrangements were promoted, the settlement terms are complicated and whether they are beneficial, and which one(s) are suitable, will depend on the specific facts and circumstances for each taxpayer. There are number of settlement options available and the tax liability under each option will differ.

Some options allow for more flexibility in terms of the amounts due and the timing of when liabilities need to be paid, however, all have strict criteria which must be met to qualify for the settlement terms.

Interest on late payment of tax will be payable where HMRC has protected its legal position (by raising enquiries and assessments). However, penalties will not be payable where it can be proved that the taxpayer has taken 'reasonable care' over their tax affairs, for example by relying on advice. Again, this is a point which will depend on the facts and circumstances (e.g. the tax year in which funds were taken).

HMRC is willing to offer instalment arrangements to pay the liabilities due under this settlement opportunity, but this will also depend on the facts and circumstances for each taxpayer.

BDO ANALYSIS

This settlement opportunity is to be welcomed, but its terms are complicated. Whether it is the best resolution option open to a GP who has benefitted from a Remuneration Trust will very much depend on the facts and circumstances (including commercial issues such as their practice and personal finances, refinance options etc.).

There is now a very limited window of availability under this settlement opportunity, as HMRC have set a deadline of 31 July 2022 to register and provide the proposed computational basis for settlement.

At BDO our Tax Dispute Resolution team has significant experience of helping clients resolve tax issues on Remuneration Trusts and HMRC's approach to settling tax avoidance arrangements. For a no obligation discussion on your options, please get in touch with jon.claypole@bdo.co.uk



FOR MORE INFORMATION:

JON CLAYPOLE

Partner – Tax Dispute Resolution
M: +44(0)7799 033 089
E: jon.claypole@bdo.co.uk

2022 NHSBSA WEBINARS NEW DATES



Endorsing including Referred Backs

FREE- 1PM START

Help and guidance on the most common endorsing problems. To ensure you receive correct reimbursement for the products you dispense and the correct remuneration for the services you provide. To share information on how the NHS Prescriptive Services process your prescriptions How you can help to reduce or eliminate the need to refer prescriptions back to you.

29th September - Click [here](#) to book



Batch Submission & Switching

FREE - 1PM START

This Webinar will offer clear guidance through the end of month submission processes including how to correctly prepare, sort and submit the monthly prescription bundle. It will also cover why prescriptions are switched between exempt and chargeable and how this affects your payments, as well as top tips on how to make sure switching isn't a problem in your dispensary.

19th July- Click [here](#) to book

10th November- Click [here](#) to book



DISPEX ANSWERS

The experts at Dispex provide answers to the most common questions, quoting the relevant regulations.



A close-up, circular inset image of a white computer keyboard key. The key is printed with 'Q & A' in a dark blue font, followed by a blue arrow pointing to the left. The background of the entire page is a blurred bokeh of warm, golden and orange lights.

Q: Please can you tell me which services I can charge my NHS patients for?

A: The GMS contract via the Statement of Financial Entitlements, (SFE) prohibits practices from charging their patients except in the certain circumstances! Dispex members can login to the [Dispex Answers](#) page for further guidance.

Calendar of national campaigns



Handy links for upcoming national campaigns and awareness days to help you plan activities



JULY

South Asian Heritage Month

18 July - 17 August

Aims to raise the profile and contribution of British South Asian history in the UK.

[South Asian Heritage Month](#)

Samaritans Awareness Day/ The Big Listen 2022

24th July

[Samaritans](#)

World Hepatitis Day

28th July

World Hepatitis Day (WHD) takes place every year on 28 July bringing the world together under a single theme to raise awareness of the global burden of viral hepatitis and to influence real change.

[world hepatitis day](#)

Special days

29th July- Al-Hijra (Islamic New Year)



AUGUST

World breastfeeding Awareness week

1st-7th August 2022

[NHS Better Health](#)

[World Breastfeeding Awareness Week](#)

Cycle to Work Day

4th August 2022

[Cycle to Work Day](#)

[NHS Better Health](#)

International Youth Day

12th August 2022

[United Nations](#)

Special days

1st Aug- Summer Bank Holiday (Scotland)

29th Aug- Summer Bank Holiday (England & Wales)



Schedule 2 Controlled Drugs

CONTROLLED DRUG SUPPLIES

W: www.dispex.net | E: sales@dispex.net | T: 01604 859000



DISPEX

GUARANTEED BEST PRICE!



DISPEX CAN PROVIDE YOU WITH ALL YOUR NEEDS IN CONTROLLED DRUGS

Every General Medical Practice will be aware that it is a legal requirement to record the obtaining and supply of Schedule 2 Controlled Drugs. Dispex CD registers are fully compliant with current Controlled Drugs legislation. Member prices start at **£9.58+vat**

Denaturing Kits

The Environment Agency and the Home Office have agreed that the denaturing of medicines as required under the Misuse of Drugs Regulations will not be subject to the "waste processing" requirements. Instead a Denkit should be used, member prices start at **£9.28+vat**

DispexCD– the digital CD

REGISTERS:

- Drs Bags (cheque book size)
- A4 Register
- A4 Returns
- Supply & Admin (care homes, vets etc)

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Perfect for a tailored
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For 8-12 delegates

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Member discount applies

For full details & to check our tutors' availability please email:

training@dispex.net

*Subject to tutor availability, geographic restrictions apply

Training Funding is Available



Dispex
courses start
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Click Here For Details

Mental health in the workplace

Source: NHS Employers

Tools and resources to help you make positive improvements to mental wellbeing in the workplace. Ensuring staff are supported and cared for with their mental ill health is paramount. The [NHS Health and Wellbeing framework](#) encourages NHS organisations to ensure that prevention and self-management is available for all staff by taking the following actions.

Our infographic provides a range of up-to-date key statistics and facts about workforce [mental wellbeing in the workplace](#). Employers can download the infographic to use within their organisation to raise awareness about the importance of positive mental wellbeing at work for NHS staff or as part of their business case to further the workforce mental wellbeing agenda at a strategic level with senior leaders.

Create a healthy and supportive working environment

- The organisation's culture does not stigmatise people with mental ill health and actively encourages people to maintain good mental health and feel able to talk about it.
- Line managers have training and support to assist staff who disclose a mental health issue.
- Working conditions promote good mental health.
- Policies and practices are embedded that encourage a good work/life balance.
- Access to taking regular breaks

Click [here](#) to read the source guidance in full.

2022 Pollen Outlook- Hayfever Formulary!

As the pollen grains floating around this year seem to be more potent, you may see a large increase in the number of patients coming in after they have tried to self-medicate with over-the-counter medication. Dispex members' can click [here](#) and login to see our Hayfever Formulary! Click [here](#) to read in full.

NICE sets out further details on menopause guideline update

Source: NICE 27th May 2022

NICE has outlined what aspects of menopause care will be updated in upcoming guidance, including areas where more research is needed.

Click [here](#) to read the source guidance in full.

Getting the most out of the fit note: guidance for GPs

Source: [Department for Work & Pensions 2022](#)

Changes to the fit note From April 2022, you may notice changes to the fit note as a new version of the form is rolled out.

The requirement for the doctor to sign the form in ink has been removed and replaced by the issuer's name and profession being included in the new form.

There will be a period during which both the new and previous version of the fit notes are legally valid. Until your IT system is updated you should continue to issue fit notes as before, including signing them in ink.

Computer-generated fit notes

Fit notes can be handwritten, computer-generated and printed out or computer-generated and sent digitally.

Computer-generated fit notes have the added benefits of:

- automatically completing certain parts of the fit note to save you having to fill them in each time you issue one
- automatically including the name of the doctor completing the fit note to authorise it, removing the need to print and sign the fit note in ink
- ensuring that your advice is easy to read for patients and employers
- removing the need for you to re-write fit notes if duplicates are required, as other staff members can print out duplicate copies
- enabling clinical management and fitness for work advice to be monitored together for patients with long-term conditions
- improving the continuity of patient care generally – for example if patients are seen by different GPs
- allowing you to share knowledge and learning points with colleagues in your practice by carrying out appropriate internal audits

All GP practices now have access to computer generated fit notes. Click [here](#) to read the source guidance in full.

NHS England has set out preliminary plans for the Autumn Covid boosters

Source: NHS England and NHS Improvement 22.6.22

Primary Care: New contracts and full details about an expressions of interest process for community pharmacy and an opt-in process for general practice involvement in the COVID-19 vaccination programme from autumn 2022 will be published shortly.

Click [here](#) to read the letter in full.



Here to HELP



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10am-3pm



Email

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Don't forget Dispex members have
access to our support helplines!

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Our bank account changed in February 2022 to:
HSBC UK, Account Number: 51319671 Sort Code: 40-47-15

